

EXECUTIVE DIRECTOR

OCTOBER 2024

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Executive
Director



COMMUNITIES AND STAKEHOLDER WORK

TRINITY VILLAGE VISIT

On October 9th, the KW4OHT visited Trinity Village Care Centre to learn more about the organization. The visit provided an opportunity to meet with the senior leadership team, tour the facility, and learn about the great work being done to support long-term care residents. It was exciting to learn about the various programs available to residents, especially the integration of technology into their systems, which is streamlining processes and enhancing resident care. The organization plans to build new retirement residences and expand the Adult Day Program by 2028.

The visit also provided an opportunity to share information about the OHT and the ongoing work to build integrated care across the healthcare system.



COMMUNITIES AND STAKEHOLDER WORK

2024 WATERLOO SENIORS HEALTHY LIVING FAIR

On October 23rd, the KW4 OHT participated in the Waterloo Seniors Healthy Living Fair. The event featured numerous informational booths, health clinics where attendees could monitor their blood pressure, and a smudging room. The KW4 OHT team engaged with over 100 seniors and caregivers, providing them with information about the KW4 OHT and its members, as well as the Ontario Structured Psychotherapy program resources available to them and their loved ones. Additionally, the team encouraged attendees to keep up to date with their preventative cancer screenings.

"This afternoon, I attended the Seniors Health Fair. When I first saw the poster, I thought, "What can I learn about senior health and their care? After all, I was a nurse." Those self-defeating thoughts were me trying not to be vulnerable by admitting that I do not know everything. This mindset is familiar to me. Then, my voice of reasoning said, "Why not go? You might learn new and valuable information". I followed the latter voice, and I am glad I did. The event was well organized and informative, with 40 community vendors to holistically address seniors' health. I even got my blood pressure checked by a pleasant, caring, Waterloo Paramedic staff. Attending and chatting at the different booths was definitely worth my time. And to top it all off, these invaluable health services were all provided free of charge. It's moments like these that make you truly appreciate the community we live in. I can't recommend it enough. ... Thanks to the City of Waterloo and KW4 Ontario Health Team and everyone who contributed to this fantastic afternoon." Grace, participant.



COMMUNITIES AND STAKEHOLDER WORK

VELOCITY HEALTHCARE SHOWCASE

On October 24th, the KW4 OHT attended the Velocity Healthcare Showcase to learn about the work underway to create a global network of healthcare partners. The KW4 OHT learned how companies receive early-stage validation and a range of support and resources throughout their lifecycle, from ideation to clinical trials, market validation and adoption. KW4 OHT engaged with key representatives from the Velocity healthcare network, received updates from local partners priorities around innovation like Grand River and St. Mary's General Hospital and KidsAbility, and learned more about the health innovation ecosystem across Canada.

K-W SENIORS DAY PROGRAM

Congratulations to the K-W Seniors Day Program on their 50-year anniversary.

K-W Seniors Day Program proudly celebrates 50 years of dedicated service! For half a century, this organization has been a beacon of support, care, and community for seniors, older adults, and their care partners across the Waterloo Region.

Since its inception, the program has enhanced the quality of life for seniors, providing a diverse array of activities, supports, and social opportunities that foster connection and well-being.

Here's to 50 years of making a difference and to many more years of continued service and community spirit!





HEALTH SYSTEM UPDATES

DIGITAL HEALTH UPDATES

AI Scribe

KW4 OHT and the Department of Family and Community Medicine's (DFCM) Office of Health System Partnerships, together with health system partners, have been awarded a \$997,000 Health Care Unburdened Grant to support the implementation and evaluation of AutoScribe, a Canadian AI scribe technology for transcribing patient-physician conversations in real time and enhancing medical record documentation. Funded by the Canadian Medical Association, MD Financial Management Inc. and Scotiabank, the \$10 million grant program supports innovative solutions to help reduce the administrative burden facing physicians. Learn more about this initiative [here](#).

This two-year initiative is led by [DFCM's Office of Health System Partnerships](#) in collaboration with [East Toronto Health Partners](#), [East Toronto Family Practice Network](#), [North York Toronto Health Partners](#), [North York Toronto Primary Care Network](#), [Scarborough Ontario Health Team](#), [Scarborough Family Physicians Network](#), [KW4 Ontario Health Team](#), [eHealth Centre of Excellence](#) and [Mutuo Health Solutions](#).

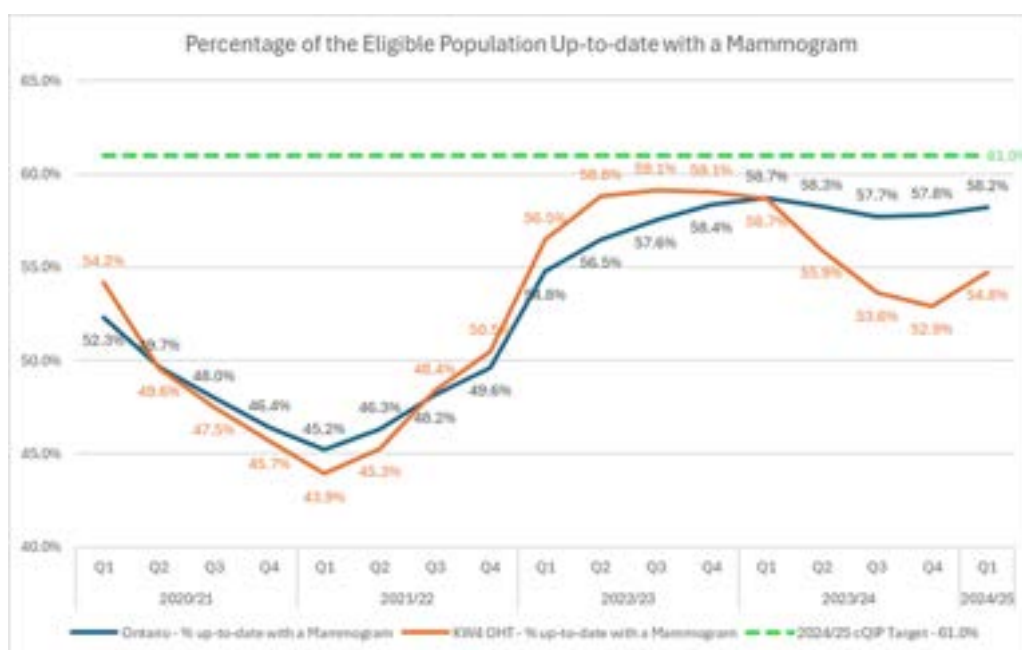
Remote Care Monitoring

In October, St. Mary's General Hospital and KW4 OHT met with the team at the Toronto Grace Health Centre's (TGHC) to learn about their Remote Care Monitor (RCM) program to understand the potential opportunities to expand the current SMGH Heart Failure RCM program. Over the past 3 years, RCM has extended its reach to 8,000+ homes across Ontario through this program. The KW4 OHT is excited to see how SMGH may be able to leverage this RCM model to continue to improve the patient and provider experience through the heart failure pathway. To learn more about the Toronto Grace Health Centre RCM mode, please find more [here](#).

PROGRESS AND RESULTS

COLLABORATIVE QUALITY IMPROVEMENT PLAN (CQIP) UPDATE

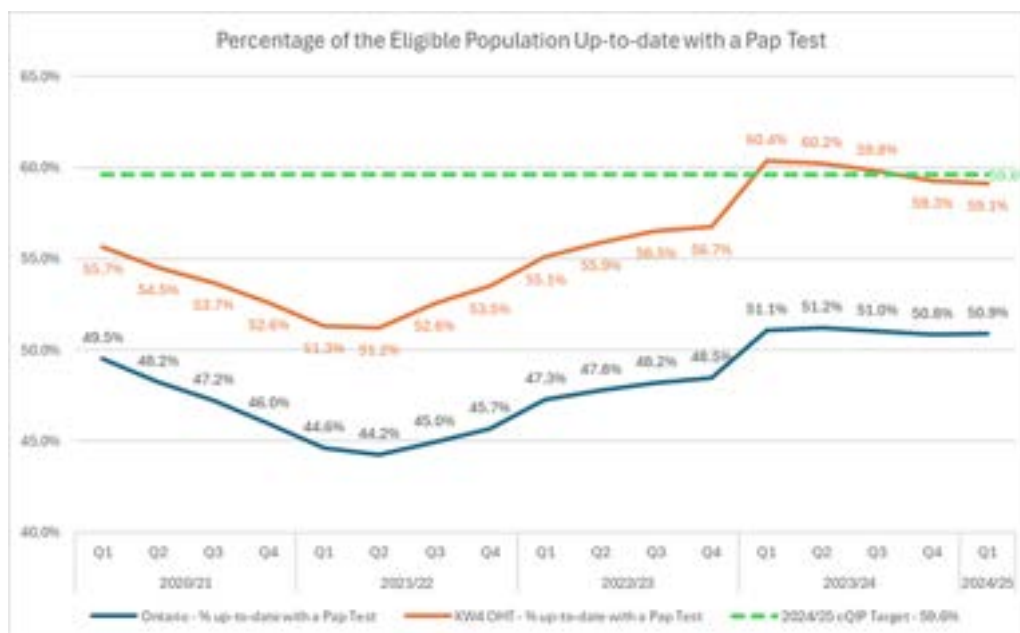
Annually, OHTs submit a Collaborative Quality Improvement Plan (cQIP) to Ontario Health (OH). One of the areas of focus in KW4 OHTs 2024/25 cQIP is increasing overall access to preventative care, and more specifically, in regard to breast, cervical and colorectal cancer screening. The following identifies our progress as of the end of June 30, 2024.



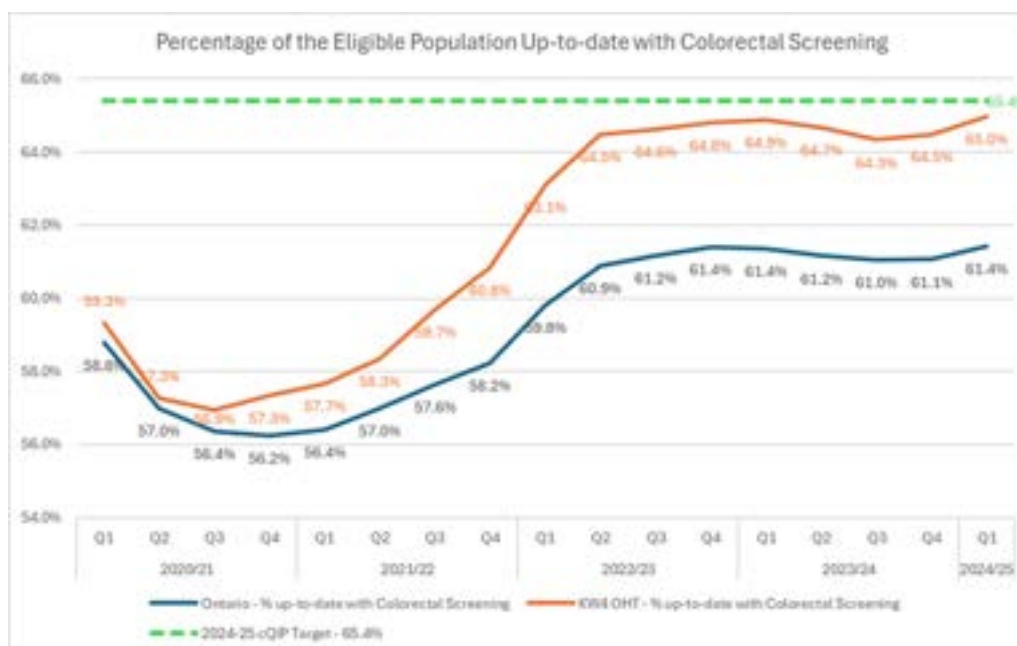
KW4 OHT fell below the provincial average for mammogram screening rates beginning in Q1 2023/24. This trend has continued into 2024/25 Q1 with a rate of 54.8% as compared to a target of 61.0%. Those aged 50-54 had the lowest up-to-date rates for mammogram screening in KW4 at 50.3% as compared to those aged 65-69 at 58.0%. Rates also varied by neighbourhood, with a high of 63.2% (N3A) to a low of 46.6% (N2G), a difference of 16.6%.

PROGRESS AND RESULTS

COLLABORATIVE QUALITY IMPROVEMENT PLAN (CQIP) UPDATE



KW4 OHT has been above the provincial average for pap test rates for the last 4¼ fiscal years. In 2024/25 Q1 KW4 OHT had a rate of 59.1%, just below our target of 59.6%. Those aged 21-24 had the lowest up-to-date rates for pap tests in KW4 at 22.9% as compared to those aged 50-54 at 67.7%. Rates also varied by neighbourhood, with a high of 65.8% (N3A) to a low of 51.1% (N2C), a difference of 14.7%.



KW4 OHT has been above the provincial average for colorectal screening rates for the last 4¼ fiscal years. In 2024/25 Q1 KW4 OHT had a rate of 65.0%, just below our target of 65.4%. The highest colorectal screening rates were among males aged 70-74 in KW4 at 75.2% and the lowest screening were among males aged 50-54 at 49.5%. Rates also varied by neighbourhood, with a high of 70.7% (N3A) to a low of 55.9% (N2G), a difference of 14.8%.